A close up of a sign

Description automatically generated

**Module One Exercise**

**What is Your Cultural Intelligence?**

The twenty-first century world is increasingly global, and the ability to deal effectively with others who are culturally different has become a daily necessity. We may not travel the globe, but the world has come to us. Daily we have to deal with international issues and with people from other countries and cultures.

Despite rapid modernization, culture is slow to change. For the foreseeable future, cultural differences will remain a key factor in interpersonal interactions.

In order to get a sense of your current level of cultural intelligence, ask yourself how well the following statements describe you. Be open and honest!

|  |  |  |
| --- | --- | --- |
| **Question** | **Yes** | **No** |
| I am aware there are different cultures in the world. |  |  |
| I can give examples of these differences from my personal experience, reading, and so on. |  |  |
| I enjoy talking with people from different cultures. |  |  |
| I have the ability to accurately understand the feelings of people from other cultures. |  |  |
| I sometimes try to understand people from another culture by imagining how something looks from their perspective. |  |  |
| I can change my behaviour to suit different cultural situations and people. |  |  |
| I am aware of the cultural knowledge I use when interacting with someone from another culture. |  |  |
| I think a lot about the influence that culture has on my behaviour and that of others who are culturally different. |  |  |
| I am aware that I need to plan my course of action when in different cultural situations and with culturally different people. |  |  |

Assessment: The more these statements describe you, the higher your level of cultural intelligence is likely to be